

Home

APRIL 1964

M A G A Z I N E

TAMWORTH EDITION





Inspired touch to your kitchen!

With its gay good looks, BIRTLEY Ware brightens and beautifies the kitchen scene with a really inspired touch . . . keeps foodstuffs fresh and clean . . . keeps everything in its place. Buy BIRTLEY for a better and brighter kitchen.

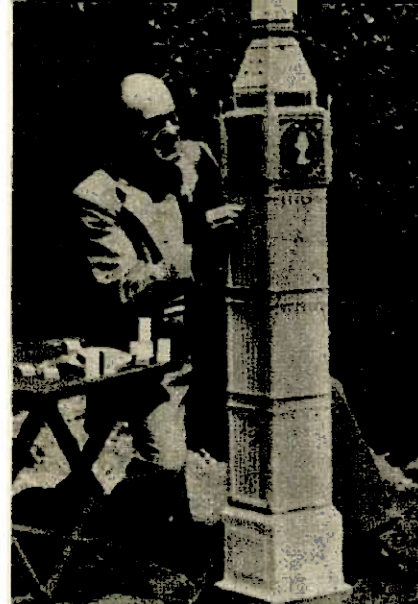


BIRTLEY



kitchen ware

FROM CO-OPERATIVE STORES



He modelled Big Ben from matchsticks

I AM 74 years old. The models I have made from matches include Priory Church, St. Paul's, Windsor Castle, Big Ben, London.

Of the Windsor Castle model, the Queen accepted a photograph and congratulated me on the patience and skill I had put into it. I used 10,656 matches, and took two years, nine months.

Edwin E. Aldous,
Dunstable.

VARIED SELECTION

I wonder how many people have found such a varied selection of page-markers in their library books as I have?

Among them, love letters, bills, recipes, pipe-cleaners, receipts, feathers, a ten-shilling note, which I handed to the librarian, a paper serviette, a lock of hair, and a piece of orange peel.

Miss D. Bristow, Bradford.

THE CAUSE OF THE TROUBLE

At school in his new spectacles, a little boy was asked if he could see the blackboard quite clearly now. "No better than before," he answered. "There's still another boy blocking my view."

Mrs M. Murray, Brighouse.

FRESHEN UP SUEDE

To keep your suede coat looking new, take it into the bathroom with you when having a bath. Hang it up on a shoulder stick, and let the steam do wonders for it.

Mrs R. Marks,
New Southgate, N.11.

GAY DOOR PLATES

Next time you have a room decorated or hang new curtains, get a pair of transparent plastic door plates and fix to the door with either the paper or curtain material underneath. So easy and gay.

Mrs P. M. Machin,
Stanmore.

MAKING BREADCRUMBS

When requiring breadcrumbs, put a thick slice of bread in a colander and rub it through. It's quicker than using a grater, and easier on the fingers.

A. Genders, Leeds.

CRESS CROP

When next you buy a box of mustard and cress, cut off cress in usual way and water the remaining stems. Within a few days a second crop will have grown.

Mrs J. Crabb,
Greys, Essex.

OUR COVER

Oh, my! In the thick of spring cleaning, and mum, with her little helper, is oblivious of the fact that the vicar is about to call. But life is like that.

COVER SHOCK!

I am writing to tell you how much I enjoy Home Magazine, especially the covers—but the January edition shocked me. Please give the teenager's Mum a wedding ring and make 'em decent!

Mrs M. W. Hall, Brighton.

Your sharp eyes win you a guinea, Mrs H., the first of many readers to point out the artist's omission.

CAUGHT IN THE ACT

My friend's 11-year-old son went willingly to the kitchen to wash-up, then she discovered why. She caught him drying the dishes with her hair dryer.

Beatrice Steward, Felixstowe.

YOU WRITE

Guinea letters

WE PAY

NO HELP NOW

I am a wrong-way immigrant (from Canada) and proud and contented with my new citizenship. I have never regretted pulling up stakes and leaving the new world for the old—but when I first arrived, every time I found myself with luggage, someone always came up and insisted upon helping me, often going out of their way. This does not happen any more.

I cannot make up my mind whether Londoners never do help each other, only strangers to their city, or whether the helpful spirit has somehow evaporated.

Mrs Anna Westrope,
London.

LUCY LOVED GRAPES

The photograph of Lucy the Llama, and your reader's letter about her (Home, January) refreshed my memory of happier days. My wife, who since those days had suffered ill health, still remembered how Lucy was fond of fruit, and the many hours we spent feeding her grapes, etc. Her attendant, Bill, who like my wife idolized Lucy, was always glad to see us.

Mr J. Edmondson,
Blackpool.

LITTLE SCENES

I have planted in a rose-bowl, carrot, parsnip and turnip tops, which grow when a few drops of water are added each day. They make a green fernery and adorn the window ledge over the kitchen sink. I have put a Red Riding Hood and house off a birthday cake, and a snowman, gnome, and skier off the Christmas cake. Everybody admires my little scenes.

Mrs M. Ward, Bexleyheath.

FLOWER CONTAINER

I have a good use for a tea or coffee pot that has lost its lid, or has a broken spout. It will make a lovely flower container.

If the spout is broken, I find it a good idea to smooth the rough edges of the china or earthenware. Then put a rim of brilliant paint round.

The spout hole can also be used for two or three flowers or leaves.

Mrs P. Costigan,
Redhill.

APRIL, 1964
Vol. 69, No. 4

Write to Eve Norman, Home Magazine, 1 Balloon Street, Manchester 4, not more than 100 words, please. We will pay a guinea for each letter published.

THE GREAT STORY OF AEROMEDICAL WINGED MERCY



B RITISH troops, ready to assume at a moment's notice, the role of a flying police force, have been busy this year in a number of trouble spots, effectively smoothing out ugly situations.

Behind them lie many complicated organisations to provide for their transport, maintenance and welfare.

High in importance among these is a remarkable service which takes care of the troops and of others in the armed forces, in government offices and agencies overseas, and even of emigrants in Commonwealth countries, when they are sick, or injured.

In Aeromedical, the RAF Transport Command provides a service unequalled anywhere in the world. It is said that Aeromed, as it is usually called, ensures that no one is more than 30 hours away from the finest medical attention—in England.

Those in urgent need of UK medical treatment are not only brought back within hours, but they are also accompanied by doctors and or nurses.

Recently F/O Anthony Northmore, serving overseas in a transport squadron, broke his neck in a dive. Swiftly collecting him, a Britannia of 511 Squadron, Lynham, Wilts., made the first Aeromedical trip by the Arctic route, from Honolulu, which calls at Elmendorf, Alaska, and Gander, Newfoundland. After a flight of 8,710 miles, Northmore was taken by RAF helicopter to the National Spinal Injuries Centre, at Stoke Mandeville, Bucks. And all this was done within hours.

In 1962 these flights, based on RAF, Lynham, carried 2,302 patients, 20 times the 1938 figure.

Every effort is made to bring a family back to Britain with the patient. Relatives living in England are alerted and accommodated at the Route Hotel,

Lynham, or as near the chosen hospital as possible.

Every Aeromed flight with a patient carries a doctor if necessary, and at least five other qualified personnel—a trained flight sister, and nursing sister undergoing training, both from RAF hospital, Wroughton, Wilts; officers of Princess Mary's RAF Nursing Service; and two nursing assistants (RAF and WRAF) working under an NCO airman instructor of the RAF medical branch.

A regular schedule of Aeromed flights is operated to the Far East, Middle East, Near East and Western Europe, with more aircraft and reserve teams standing by in the UK and at overseas airfields, to meet any emergency.

Special training courses are held at Lynham Aeromed section. There are five strenuous days of lectures and practical demonstrations, including the use of life-size dummies.

Wet and dry dinghy drill, which must be perfect in case an aircraft has to be ditched—happily a rare event—is practised at Swindon baths. These courses provide a reserve of personnel. At the moment about 200 airmen and airwomen are qualified to supplement "at the drop of a hat," the existing Wroughton-Lynham flight schedules.

Thrilling moment

I went on one of these courses. It was a thrilling moment when an aircraft was signalled to land with patients, relatives and Aeromed personnel. The condition of all patients had previously been signalled by the Comet of 216 Squadron carrying them, and the duty medical officer led the way into the plane as it stopped, at Lynham.

Customs forms had been completed in flight, and a sympathetic Customs officer quickly checked the declarations of all those who would not be passing through the reception hall to declare personally their baggage.

Urgent cases were removed through the huge covered gangway which has actually been made on the airfield by the airmen. All RAF heavy transports can

Left: Simulated polio patient leaves an aircraft by stretcher at Lynham.



be turned into stretcher carriers within minutes, and into such a vehicle went the stretchers, to be fixed exactly as they were in the Comet, giving the patient confidence. Very serious cases are, of course, lifted by helicopter, ready poised as the plane comes in.

As the 32-seater stretcher-bus pulls away for the Wroughton hospital, another bus follows with relatives.

This life-saving force is available, not only for armed forces, but also for all the calls which arise at times of earthquake, flood or famine. Britannias, usually carrying 11 stretchers, can quickly be converted to carry 53 at one lift.

Civilians needing UK attention, and especially the in-flight care which civil airlines are unable to provide, are usually sponsored by a British embassy or legation, and whenever possible space is provided to get patients to England for

specialist attention. There are, of course, trained medical officers at every British base abroad.

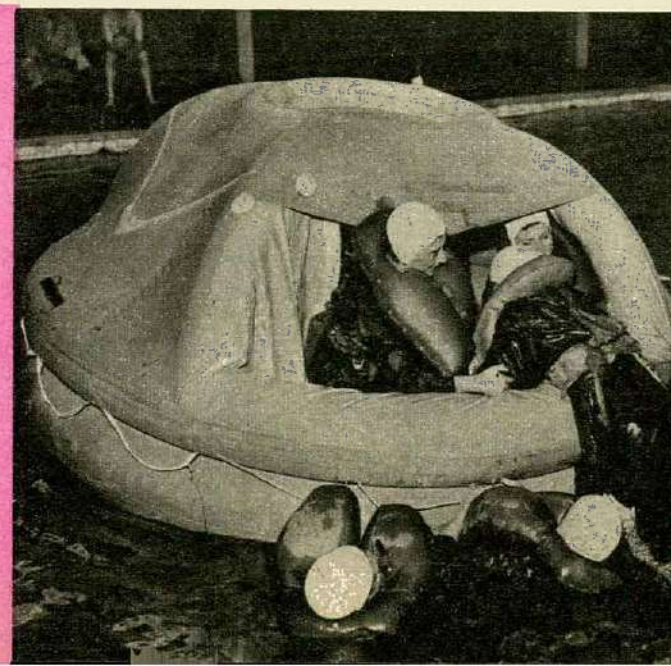
Nowhere in the armed forces is service more of a challenge than in the Aeromedical teams. Off duty, in places like Aden and Singapore, there are excellent opportunities for relaxation.

In pre-war days aircraft like the Vickers Victoria lumbered towards the nearest hospital with two or three patients. Now, at speeds often faster than 500 mph, RAF Transport Command flies its missions of mercy to every country where help is needed. Whether you are wife, mother, sister, father or brother, you need have no fear for loved ones overseas. They are in good hands—the dedicated hands of the Royal Air Force.

LESLIE HUNT

Above: Senior medical officer at Lynham instructs nursing officers in Aeromedical training in a Britannia.

Right: Officers of Princess Mary's RAF Nursing Service undergo dinghy drill at Swindon baths.



WIT-IN THE WINDOW

MANY times on shopping expeditions you must have seen signs and notices which—at first—puzzled you. Sometimes they are unintentionally amusing, but more often it is a clever ruse to make you pause, as in the electricity showroom notice: "Don't let housework kill your wife—let electricity do it."

A small sports' shop window had a handwritten notice, "Fishing tickle." People who went in to draw the owner's attention to what they thought was a spelling error, often first bought something before telling him about the "mistake." No wonder the shopkeeper smiled!

And how about these? A women's dress shop had a card, "A word to the wide" in one window selling outsize garments.

The same street contained a hardware store which flaunted "Aeroplane values, submarine prices." The store's radio section invited: "Trade in that old radio NOW—soft-hearted salesman on duty today."

Emigrant's ideas

In Australia, an emigrant from England was meeting a growing commercial demand for window wit. His efforts included:

"Don't let your figure run to waist," for a women's underwear counter in a multiple store; "Jam tarts 3d.—jammier 3½d." for a baker; and "See me at your earliest inconvenience," for a pawnbroker.

A Queensland, Australia, church board bore this message: "You think it's hot here!"

Here are some amusing notices seen in this country:

"Umbrellas sold and healed" said a swinging sign over a shop.

"Customers supplied loose or in bottles" at an off-licence, and in a Co-operative butchery a neat card: "Pleased to meet you—Meat to please you." This is a notice which has since been copied up and down the country.

In Stafford a greengrocer displayed: "Fresh mushrooms daily—wreaths to order" both at his shop and in his local paper—until someone pointed out the possibility of misunderstandings!

In an Oxford Street, London, store was a similar ambiguity: "These are bargains—they won't last."

MANCHESTER VICTORIA

THE rain in Spain may fall mainly on the plain. In Manchester it is not so discriminating, writes MAUREEN SANDLER. So what better location is there to show off rainwear?

Manchester's Victoria Station provided the background for our fashion photographs, but the platforms remained obstinately dry, the sun shone defiantly all day, and our models' umbrellas never had to be unfurled.

But Manchester—believe it or not—is not the wettest spot in the British Isles. That dubious honour goes to Seathwaite, in Cumberland, which has nearly four times as much rain, with an average yearly rainfall of about 122 in., compared with Manchester's 32 in.

Still, Manchester is the home of the raincoat industry, and Mancunians expert at coping with surprise downpours.

On a sunny day, the city is full of pretty girls in cotton dresses. Then, as soon as the first cloud appears, every girl is suddenly attired in shower-proof clothing, and umbrellas appear magically from nowhere.

In fact, Miss Manchester is a connoisseur of rainwear. So what does she choose to brave wet weather?

A raincoat light enough to carry so that she can slip it off when the sun comes out again. But being a smart girl, she insists on her wet-weather clothes being smart, too.

She plumps for rainwear that disguises its function; shuns styles which would protect her from the weather without doing a thing for her appearance.

She insists on her raincoat being as



Mancunian look to beat the weather

She is waiting for the Manchester rain in a CWS foambacked raincoat, proofed poplin, a Junior Miss style Z1806, in brown, green, or blue check. Sizes 8-10-12, about £5 19s. 6d.

Young Miss Manchester wears cape sleeved poplin raincoat, Z1801. Sizes 24-26-28, in stone/tan, stone/emerald, stone/red, stone/brown, brown/stone, brown/gold, brown/emerald, from about £4. 6s. Umbrellas from CWS Penguin range.

stylish as any of her other clothes, and if it can fulfil the dual function of top coat and shower protector, she is delighted.

Being a city dweller, she avoids the sort of garment that's all right for a downpour in the country, but not suitable to wear to the office. That old mackintosh is not for her.

Her vote goes to the new, shower-proofed materials, such as poplins and suedes styled into really fashion-wise coats like those in our photographs.

COLOURS

She gives three cheers for their lovely bright colours which help to banish the gloom of dull skies. Colour, she thinks, is most important psychologically in overcoming wet weather blues.

Strong shades get her warm approval.

Miss Manchester is generally a career girl, commuting back and forth to work by train or bus. She believes in being attractive, but practically dressed for her journey, even in the wettest weather.

Often she stays in town for an evening date, and has to be prepared for the bright skies of the morning changing to a steady drizzle by evening. On occasions such as this she offers up a silent prayer of gratitude for her fashionable shower-proof coat.

In the unpredictable Manchester climate her raincoat is not an extra but a basic item of her wardrobe, and she is discriminating in her choice.

It is for girls like her the garments in the latest CWS range have been pre-



Miss Manchester's train-stopping outfit is CWS, proofed-suedette coat Z1811, in brown, green, or red, sizes 14-16-18, about 8 gns. Flowery Terylene umbrella from CWS Penguin range.

Three delightful Miss Manchesters in CWS rainwear. No. 1 (left) wears suedette jacket Z1707, with tartan braid trim, in royal, mint, green, tan, burnt toast, and red, about £5 7s. 6d. No. 2 (centre) wears suedette jacket Z1704, in same colours as Z1707, sizes 24-26-28, from about £3 12s. 6d.

No. 3 (right) wears three-quarter length suedette jacket, Z1808, in brown, red, or green. Bust sizes 34-40 in., about £6 10s.

pared. They are designed for the fashionable girl, who refuses to let pride in her appearance be swept away by the rain.

Miss Manchester might prefer one of our pretty poplin coats to ward off weekday showers, or her choice might be a full-length, proofed suedette. For hiking or motor cycling at weekends in the nearby Derbyshire hills, or on the Yorkshire moors, she would probably select one of the proofed suedette jackets in the range.

Whatever her choice, she would be combining fashion sense with practicality. And she would be additionally sensible to pick one of the CWS Penguin umbrellas as an extra rain shield. These are made in walking and short lengths in a delightful range of patterns and colours.

But since rainfall is not confined to Manchester, and since April is known for its sudden showers wise girls everywhere will be following in Miss Manchester's footsteps whenever there are puddles about.



Let



work for you

says

**BLANCHE
CAMPBELL**



Baking soda cleans a bread bin . . .



. . . Helps to ward off a cold . . .



. . . Cleans the brushes of your carpet sweeper . . .



. . . And helps take the sting out of insect bites.

A PACKET of baking soda can help you with many housekeeping chores. Besides being a baking ingredient and a relief for mild indigestion, it is also a cleaner, a polishing agent, and a deodorant. In this article "soda" means baking soda.

Once a week clean the refrigerator with a solution of three tablespoons of soda and one quart of water. To remove stubborn stains, sprinkle some baking soda on a damp cloth and gently rub the area until the spot disappears. This leaves the refrigerator sweet-smelling and spotless.

When silver becomes a little tarnished, sprinkle the spots with soda, then rub with a soft cloth dampened in hot water. You'll find this a great help between regular cleanings. To make glassware sparkle, wash it in a solution of three tablespoons of baking soda to each quart of warm water used. Clean hard to reach crevices in cut glass with a soft, wet brush sprinkled with baking soda. Rinse in hot water and dry with a clean towel made of a lint-free fabric.



When you wash the breakfast dishes, dissolve one teaspoon soda in a cup of hot water and set it near the sink. If you find forks and spoons discoloured by eggs, place them in the hot soda water. They will emerge bright and shining.

To remove tea stains from china cups, dampen the spots with warm water, then rub them with a dampened cloth dipped in baking soda. Wash in warm, soapy water, rinse and dry. Remove brown stains from a china teapot by rubbing them with a damp cloth dipped in baking soda.

Do not scour a glass cooking utensil in which food has been burnt. Fill it with a solution of water and soda and set it aside to soak. To clean a badly burnt enamel pan or a greasy frying pan in the easiest and most effective way, boil one cup of water with one teaspoon of soda and two teaspoons vinegar in the pan for about five minutes.

When cleaning milk bottles and other small-necked bottles like vacuum bottles, drop a little baking soda in them, add water and soak, shaking once or twice to hasten cleaning. Rinse in clear water and invert on draining board to dry. Wash sieves in soda water instead of soapy water which may cling to the sieve, giving a soapy taste to foods which are put through it. Soda, however, will keep the sieve fresh, clean, and odourless.



To remove grease spots and other food stains from the top of your range, use a little soda on a damp cloth.

Soda is also helpful in the laundry. A half pound of baking soda, added to the wash water in your machine, will dissolve the grease in heavily-soiled work clothes. Starch stains can be removed from the bottom of your iron by rubbing with a dampened cloth dipped in soda.

When soiled dishcloths smell sour or musty, you can make them sweet and fresh again by boiling them for a few minutes in one quart of water to which two teaspoons of baking soda have been added.

To remove coffee marks from china cups rub them briskly with a dampened cloth dipped in baking soda. If they don't come off at once with this treatment, leave a thin paste of soda and water

on overnight. In the morning the paste and stains can be washed off together.

To make that hot water bottle last longer, wash it thoroughly inside and out in water in which a little baking soda has been added. This keeps the bottle clean and sweet smelling and prevents it hardening and splitting.

Jewellery may be brightened by soaking in a solution of one tablespoon of soda to a cup of water. Scrub with a soft brush, rinse, and dry.

It is a good idea to empty a box of baking soda into a tin can with a tight-fitting lid, and keep it with the first aid kit, in the glove compartment of your car. When no water is available soda makes a first-class fire extinguisher.

Insects smashed against the wind-screen of your car are anything but a pretty sight. The easiest way to remove them is to sprinkle a little baking soda on a damp cloth and rub it over the glass. Then rinse well.



Clean rubber items, gloves, bowl scrapers, soap dishes, and floor mats in a baking soda solution, using three tablespoons of soda to a quart of water, or half a cup of soda to a gallon of water. Rinse and dry well.

A greasy broiler pan is easier to clean if it is sprinkled with baking soda, filled with water, and let soak for a few minutes before washing.

Remove white water marks from furniture by making a paste of baking soda and water. Spread the paste over the marks and let it remain for a few minutes. Wipe off with a soft cloth and the marks will be gone.

To remove that invisible film that clings to coffee makers and gives your coffee an off flavour, rinse the pot once a week with baking soda and hot water.

To keep bread boxes fresh and free from odour, wash with soap and water, then rinse with a baking soda solution using three tablespoons soda to a quart of warm water. Rinse and dry thoroughly. Food graters should be treated in the same way, and they will keep free from any soap taste.

You can keep baby's bottle fresher and sweeter, by placing one-half a teaspoon of baking soda in each bottle and filling with warm water. Shake and let stand until needed. Rinse in clear water before using.



If the bristles of your carpet sweeper have become soft they may be stiffened by dipping them in a solution of hot water in which a little baking soda has been dissolved. Dip up and down several times and dry thoroughly, preferably in the sun. Clean clothes brushes the same way.

For clogged wash basins mix a handful of soda with a handful of common salt and force it down the pipe. Leave for 30 minutes, then rinse thoroughly with boiling water.

There are many uses for soda in cooking, and preparing food. The next time you serve chicken, especially if you are roasting an older fowl, try soaking the chicken for 30 minutes, before cooking, in water that contains one teaspoon of soda. It will remove that too strong poultry taste from older chickens. But be sure not to cook the chicken in the soda water.

A little soda added to the water that poultry is washed in prior to cooking, takes off dirt you don't even see, and makes it really clean. After washing in soda water, rinse in clear water.

If dried beans are soaked in soda water before cooking they become more digestible, and cook more easily.

Milk combined with brown sugar will not curdle if a pinch of soda is added.

A paste made of baking soda and water will reduce the pain and itching of insect bites which most of us suffer from one time or another during the summer. It will also take the sting out of sunburn.

When you feel the first symptom of a cold coming on, a teaspoon of soda in a glass of water, repeated two or three times, will usually break it up at once.

Brush the teeth at least once a week with baking soda instead of toothpaste. You will find that it is a great whitener and will also sweeten mouth and gums.

Soda makes an effective emergency underarm deodorant. It will counteract any odour, but will not stop you perspiring.



Putting a bit of soda into baby's bath water or your own during hot summer days will help to prevent prickly heat.

Ordinary baking soda added to regular shampoo water helps to loosen grease and oil in the hair and makes it easier to wash.

To keep steel wool from rusting, keep it submerged in a jar of soda water between uses—soda inhibits rust.

For fine ornamental objects, brush with a baking soda paste. Then rinse in hot water, and dry. Soda won't scratch.



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BEEF special

Use traditional English beef to make these tempting dishes for your family meals.

BOILED BEEF

3 lb. brisket, 2 large carrots, 1 small turnip, 2 large onions.

Suet dumplings: 4 oz. Sutox, 4 oz. Excelda or Federation SR flour, salt, cold water to bind.

Weigh the meat and allow 25 minutes to each pound and 25 minutes extra cooking time. Wash the meat well.

Put in a large pan, cover with cold water and bring slowly to the boil. Add the vegetables and simmer for the required length of time.

Mix the flour, Sutox and salt together and add sufficient water to form a soft mixture. Divide into equal quantities, shape into dumplings with well floured hands and drop into the simmering liquid about 20 minutes before serving.

Serve the meat garnished with the vegetables and dumplings.

MADRAS CURRY

1 lb. stewing steak, 1 pint stock, 1 large onion, 1 large baking apple, 1 oz. Excelda or Federation plain flour, 1 oz. Madras curry powder, salt, 1/2 teaspoon lemon juice, 2 dessertspoons CWS chutney, 2 oz. CWS sultanas, 1 1/2 oz. CWS butter, 4 oz. CWS Patna rice.

Chop the onion and apple finely. Wipe the meat and cut into small cubes. Melt the butter and fry the meat and onion until lightly browned. Stir in the curry powder and add the stock gradually.

Add the apple, sultanas, lemon juice, and salt and simmer 1 1/2-2 hours. About 30 minutes before cooking time has finished add the chutney.

Serve with rice which has been previously cooked in boiling, salted water for about 15 minutes. Enough for 2 servings.

BEEF OLIVES

1 lb. stewing steak, 1 oz. Excelda or Federation plain flour, 1/2 pint stock, 1 onion, 1 1/2 oz. Shortex.

Veal Force meat: 4 oz. fresh breadcrumbs, 1 oz. Sutox, 1 tablespoon chopped parsley, grated rind of 1 lemon, 1/2 teaspoon CWS mixed sweet herbs, seasoning, 1 beaten egg.

To prepare the stuffing: Mix all the dry ingredients together and add enough egg to bind together very firmly.

Cut the meat into slices about 3 in. wide and 4 in. long. Spread a little stuffing down the centre of each slice, roll up and secure with string.

Fry the meat in the melted Shortex, and remove from pan when brown. Then fry the onion and lightly brown the flour.

Add the stock gradually, and then the meat and simmer for about 1 1/2-2 hours. Remove the string from the olives. Serve with creamed potatoes. Season the sauce and strain on to the olives.

Any extra stuffing can be made into balls, which are coated in egg and breadcrumbs and then fried in deep Shortex.



BEEFSTEAK PIE

8 oz. rough puff or flaky pastry, 1 lb. chuck steak, 1 sheep's kidney or 2 oz. ox kidney, 1 oz. Excelda or Federation plain flour, seasoning, 1/2 pint stock.

Wipe the meat and cut into small pieces. Toss in seasoned flour and place in a pie dish with half the stock. Roll out the pastry about 1/4 in. thick. Wet the edge of the pie dish and put on a strip of pastry. Wet this strip and put on the lid of pastry.

Trim and decorate the edges. Make a hole in the centre and brush the top with beaten egg. Bake pie at Mark 7 (425°F.) until the pastry is well risen, about 1/2 hour, then reduce the heat to Mark 3 (325°F.) and cook for 1 1/2-2 hours.*

When the pie is cooked add the rest of the stock, which has been heated through previously.

*Cover the pastry with piece of grease-proof to prevent overbrowning.

MINCEMEAT LOAF

1 1/2 lb. minced beef, 1 lb. CWS beef sausages, 3 tablespoons CWS tomato ketchup, 2 tablespoons stock or water, 1 large onion, 2 egg yolks, 1 lb. fresh breadcrumbs, pinch of CWS mixed sweet herbs, 2 rashers streaky bacon.

Chop the onion and bacon. Mix all the ingredients together in a large bowl and bind together with the two egg yolks.

Turn the mixture into a well-greased 2 lb. loaf tin and bake in a moderate oven Mark 4 (350°F.) for about 1 1/2 hours. Turn out carefully and serve hot or cold.



For the first 18 months, baby will need this type of pram. Afterwards, it's heigh-ho for the buses with one of the miniature folders. Meanwhile, a Queen of the Road, says baby, is all right by him.

BABY TIP

If baby's cries are hard to bear, Don't leave him in the open air. All he needs, if he's unhappy, is, of course, a change of nappy.

NEW APRIVAL

In this Royal year for babies

CHOOSE the simple names like Peter, John, Simon, James, Harold, Frank, Bernard, for a boy, Helen, Joan, Ann, Margaret, Mary, for a girl. Choose a family name, or if you are really stuck, a **telephone directory** can be a guide.

Don't use made-up or fancy names, like Lisemar or Grecian Urna Smith. The name, after all, has to last a lifetime, and shouldn't provide an excuse for poking fun.

Don't **rely on neighbours** for advice. Make sure you get up-to-date information on such things as baby's diet, immunisation, and teething troubles, from your doctor, or the clinic.



Our proud Mum has wisely chosen a dual-purpose outfit. Her sleeveless sheath dress has a matching collarless, boxy jacket. From the CWS Belmont Classic range, it is Model 814A—price 49s. 11d. Washable white fabric gloves in the CWS Salutus range cost between 7s. 11d. and 12s. 11d.

A swish dress and hair-do works wonders

Our picture above shows one young man who has been taken for a ride and is sorry it's over. His pram is one of the CWS Queen of the Road range—the Regal 64 Model 653, and the price is about £22 7s. 6d. For his mother, a new dress and hair-do is going to work wonders. She can have it styled as above (right), or in the now new, softer version of the 1930's style, with the hair framing the face. Afterwards, she will be taking that stroll through the park to show off baby and her new outfit, both. It's just one of the nicest things that can happen to any girl, a right royal occasion.

**VARIETY
FARE**

SPRING CLEAN YOUR COSTUME JEWELLERY

THE cheaper varieties of jewellery in settings other than claws, should not be washed, writes **Mollie Hillman**.

A very old toothbrush dampened with water or with methylated spirit can be brushed gently over the setting.

It is unwise to wash marcasite jewellery, because its beauty depends on the contrast of matt and polished surfaces. Rub it with a soft clothes-brush and polish gently with a chamois leather.

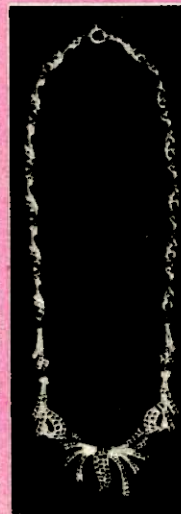
Engagement and dress rings of gold, silver and platinum can be washed with warm soapy water. Use a sablehead or similar brush, dipped into the soapy solution, to work round the backs of the jewel settings, where the dust accumulates.

Real pearls should be washed in a solution of warm soapy water, but be careful not to make the thread too damp. It weakens it.



This brooch is from a range of costume jewellery available through your local Co-operative shops, price about 5s. 11d.

Just dip a clean cloth into the suds and gently wipe the pearls. Artificial pearls, except for the few brands for which soap-and-water washing is recommended, should not be washed, but rubbed over with a damp cloth wrung out in warm water. Remove jewellery when putting hands in water. The fact that it will benefit from being washed in a soapy solution does not mean you wear it to wash dishes or clothes.



A hand-set Marcasite necklace, price about 52s. 6d.

Butter hard, and just won't spread—try this little trick instead . . .

To spread hard butter quickly, without melting it, have a cup of hot water at hand into which you can dip the butter knife. You will find it goes on like billy-o!

Hunt for silver bargains

SILVER is an investment that will last you a lifetime. Buy it second-hand from antique shops or markets. A few pieces on a table will be the envy of your friends and start them hunting, too.

Genuine English silver has the sign of the lion on it, with the front paw raised.

Look out for Victorian silver toast racks which can sometimes be bought for about five shillings. Use them for a letter rack in the hall.

Don't clean your silver with abrasive powders or steel wool if it's tarnished. They will damage the surface. For tarnish, use a silver cleaner, otherwise a wash in lukewarm soapy water will probably be enough. Rub it up with a duster.

Don't store silver knives and forks in a wooden drawer unless you have lined it first with felt. The felt saves scratches.

Normally, you can keep silver shining by simply breathing on it. Then a rub up does the trick.

SAFE TO MAKE YOU SPARKLE!

The ups and downs of domestic life can leave you feeling exhausted. But vitamin tablets can help to restore lost energy, and a new tablet of this kind has been introduced by the CWS. It is available in Co-operative shops. One advantage about it is its pleasant orange flavour.

Just ask for Tri-Vit. The tablets have the same vitamin A and D content as halibut liver oil capsules, and also vitamin C. They are packed in aluminium containers and cost 3s. for 30 tablets.



TWO 'MUSTS' FOR AN L-PLATE MUM



Talcum powder helps to prevent baby's tender skin from chafing. Your Co-operative chemist or baby linen department stocks Crystella Baby Talcum, price 1s. 9d.

Embroidered Pelaw Terylene-filled quilts with matching pillow case, from your local Co-operative shop, price 34s. 11d.

HAPPY HOMES COMPETITION

Co-op shoppers
can win

£100 and 5 wonderful homemakers

EXTRACT FROM RULES

Prizes will be awarded to competitors who have, in the opinion of the judges, submitted the entries placing the five appliances in the most appropriate order of merit.

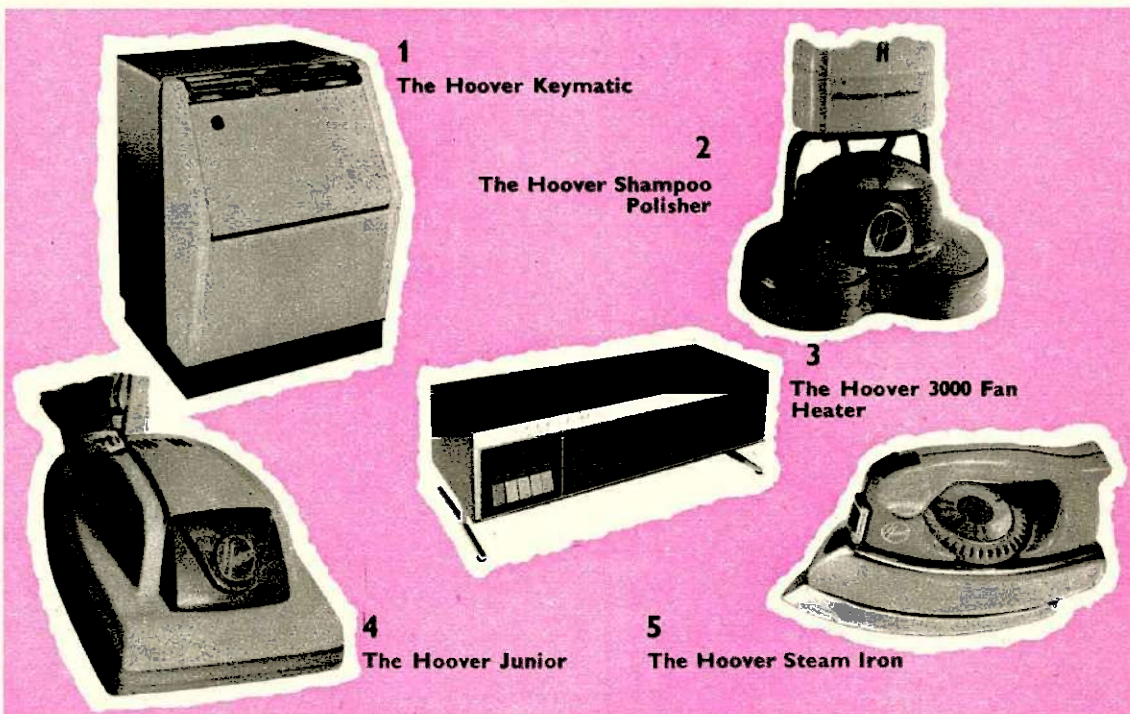
In the event of a tie, or ties, preference will be given to those competitors whose reasons for choosing the most essential Hoover appliance are, in the opinion of the judges, the most convincing.

The judges' decision shall be final and legally binding. No correspondence will be entered into.

Entry is free, but no person may send in more than one entry.

This competition is not open to employees, and their relatives, of Hoover Ltd., Co-operative Societies and their advertising agents, or anyone directly concerned with the competition.

ANY Co-operative shopper can win all the homemakers shown below, plus £100 cash, by listing them in order of importance. And there are 20 consolation prizes—each one a £5 shopping voucher. Make sure you read the rules. The closing date for entry is May 16. All winners will be notified by post and names will be published in the SUNDAY CITIZEN on June 28. Complete rules for this competition are available on request from Hoover Ltd., Happy Homes Competition, Perivale, Greenford, Middlesex.



CUT ALONG THIS LINE

ENTRY FORM

WHAT YOU DO

First, imagine you are creating a brand new home. You have been offered these five wonderful Homemakers as free gifts. Which appliance, in your opinion, is the most essential

for setting up a happy, comfortable home? Number all five in order of importance, in the box provided on the right.

Now just complete this sentence in not more than 20 of your own words:

I CONSIDER THE MOST ESSENTIAL HOOVER APPLIANCE TO BE THE

BECAUSE

NAME

ADDRESS

Please read the rules. If you agree to abide by them, fill in your name and address and pop your entry in the Hoover Washing Machine Post Box at your local Co-operative, or mail to:—Hoover Limited, Happy Homes Competition, Perivale, Greenford, Middlesex.

I AM a widow, aged 63, and that means a fairly lonely life, except that I have brought up two children, who pay me regular visits, and I now have three grand-children, says Mrs Mary Wright, of Stockport.

But don't think I'm old-fashioned. Far from it. I use a modern washing machine and all the commonplace gadgets of this modern age.

But—looking back—what a startling difference there is.

I often wonder about those "good old days." Were they really so good?

Looking back, I suppose we had a bit of good and a bit of bad, both. But memory plays funny tricks. Those fragile gas mantles. What a fiddling-job getting them hooked on to the gas jet! And the hot-pot, made in the old-fashioned way. I can still recall the sniff of it, simmering on the big, smoky kitchen range.

Nowadays, you never hear of such things as gramophones—current in the time—when Harry Lauder was stumping across the stage, with his crooked stick, singing "Roamin' in the Gloamin'." The era of home-made "cat's whisker" radios; and when we bought black treacle loose in jars. The radio was so faint in those days it caused a riot if you rustled a newspaper.

A HARD WORLD

What was a woman's world like? Sometimes I wonder how we ever got through it all.

The limit of invention was carpet beaters, messy grate blacking, scrubbing boards, dolly tubs, and what older woman will never forget—that great big copper boiler.

We did the Monday wash that way—mountains of it—as soon as we could get the fire going underneath.

What a difference now. The nicely-dressed young housewife is positively molly-coddled; and quite right, too! For her, it's all bright lights and stainless steel. You might call it an Aladdin's world, where the flick of a switch brings electricity to do the slavery. Our hands are smooth today, and we've even got time on them!

If you ask me what I think is the greatest boon to women today, I'd say the electric washing machine for coping with the family laundry. The washing is now done in minutes, where once it took hours, pretty well the whole of the day in my time. Just as revolutionary is the arrival of really efficient detergents.

Heating a flat iron in front of the fire until you got it to the right temperature was—believe it or not—a job that actually required skill and practice. Nowadays

It's all so very different in these modern days

the electric iron is, of course, so much handier, and there are so many man-made fibres on the market now, each requiring special treatment, that it would have been hopeless trying to cope with them under the old tub-thumping and flat-iron routine.

There seems to be no limit to the benefits that science today can bring to the housewife, but a few old-fashioned, wrong ideas still exist. How often do you hear people say that they won't have a refrigerator because "we never get a summer worth talking about, and in any case, fridges spoil the taste of the food?"

What a lot of nonsense! Look at last summer. It was dull and rainy in parts, but on more than one occasion the temperature was in the 80s. So, without a fridge, food can go rotten very quickly.

Just think of the developments there have been with a simple appliance like the electric fire. But I think today's electric washer is the best thing to have really brought automation to the housewife.

It certainly is a change from sweating over that steaming dolly tub, pummelling the clothes with a wooden "peggie" and then dragging them through that big clanking mangle, which was enough to give you a backache for a week, and, of course, it sometimes did.

Then there was the ironing to do. We had to load everything on to one of

those tall clothes horses, which made the washing look like a washhouse-bound windjammer in full sail!

That old flat iron which I used to use. There must be thousands still in use, and I am prepared to admit that it was an efficient way as any of smoothing out the creases; but what work!

And now the latest thing is a fan heater. You can dry your hair with it!

There are so many things today that make life more pleasant, easier, too. The modern housewife has more time to give to the children, of vital importance to the well-organised family.

So often in the "good old days" young Jane or Jimmy's queries were brushed aside, simply because their mother had too many other things on her mind, as it was in my day.

Nowadays, there is more time to do the things you want to do. When I was a girl, it was an event almost to find time to paste up a bit of wallpaper, even if you did it. The modern housewife does it almost as a matter of course.

I live in an old cottage, with a bit of history about it. But it is equipped with every modern labour-saving device I can get, particularly in the kitchen. Contemporary decor gives it a modern touch. Back in the good old days it would still have been a cottage; home, it is true, but with a lot of really back-breaking labour. In the 20s and 30s, there was nothing you could do about it.

ERIC MATHER talked to Mrs Mary Wright, of Stockport, who lives in an old cottage, and described to him how modern, labour-saving devices have made such a difference to her life, in comparison with the "good" old days. Right, she is seen in her cottage using one of the latest washing machines.



For that V I P

MATERIALS.—11 [12, 13] oz. WAVECREST FOAM Triple Knitting. Two No. 8 and two No. 5 needles, set of four No. 8 needles with points at both ends. A cable needle.

MEASUREMENTS.—To fit 38 [40, 42] inch chest (approx. width at underarm 40 [42, 44] ins.). Length 25½ [26, 26½] ins. Sleeve seam 18 ins. (adjustable).

SIZES.—The figures in square brackets [] refer to the medium and large sizes respectively.

ABBREVIATIONS.—k., knit; p., purl; k.b., knit into back of stitch; p.b., purl into back of stitch; st., stitch; tog., together; inc., increase by working into front and back of stitch; dec., decrease by working 2 sts. together; beg., beginning; alt., alternate; rep., repeat; patt., pattern; ins., inches; c.3, cable 3 by working across next 6 sts., as follows: slip next 3 sts. on to cable needle and leave at front of work, knit next 3 sts., then knit 3 sts. from cable needle.



Ready to use...
Society Dried Fruits

Washed, cleaned, and ready to use, **Society Dried Fruits** come to you in the peak of condition... the pick of the world's crops selected and packed by the C.W.S.

FINEST SELECTED CURRANTS
CHOICE SULTANAS
STONED RAISINS
MIXED DRIED FRUITS

FROM CO-OP STORES

TENSION.—4½ sts. and 5½ rows to the square inch on No. 5 needles, measured over stocking stitch. 5½ sts. and 5½ rows to the square inch, measured over patt.

BACK

Using No. 8 needles, cast on 85 [91, 97] sts.

1st row: k.1, **k.b.1, p.1, rep. from ** to last 2 sts., k.b.1, k.1. **2nd row:** **k.1, p.b.1, rep. from ** to last st., k.1. Rep. these 2 rows 3 times more, then 1st row once.

Next row: Rib 3 [6, 9], (inc. in next st., rib 2) 26 times, inc. in next st., rib to end (112 [118, 124] sts.).

Change to No. 5 needles and proceed in patt. as follows:

1st row: p.1 [p.4, p.3, k.b.1, p.3], k.6, ** p.3, k.b.1, p.3, k.6, rep. from ** to last 1 [4, 7] sts., p.1 [p.4, p.3, k.b.1, p.3].

2nd row: k.1 [k.4, k.3, p.b.1, k.3], p.6, ** k.3, p.b.1, k.3, p.6, rep. from ** to last 1 [4, 7] sts., k.1 [k.4, k.3, p.b.1, k.3]. **3rd and 4th rows:** As 1st and 2nd. **5th row:** p.1 [p.4, p.3, k.b.1, p.3], c.3, ** p.3, k.b.1, p.3, c.3, rep. from ** to last 1 [4, 7] sts., p.1 [p.4, p.3, k.b.1, p.3].

6th row: As 2nd row. **7th row:** As 1st row. **8th row:** k.1 [k.4, k.3, p.b.1, k.3], p.6, ** k.3, p.b.1, k.3, p.6, rep. from ** to last 1 [4, 7] sts., k.1 [k.4, k.3, p.b.1, k.3]. These 8 rows form the patt.

Continue in patt. until work measures 16½ ins. from beg., finishing with right side facing for next row. **Keeping patt. correct, shape armholes** by casting off 6 [7, 8] sts. at beg. of next 2 rows, dec. 1 st. at both ends of next and every alt. row until 86 [88, 90] sts. remain. Continue on these sts. until work measures 8½ [9, 9½] ins. from beg. of armhole shaping.

Shape shoulders by casting off 9 [10, 10] sts. at beg. of next 4 rows, 10 [9, 10] sts. at beg. of following 2 rows. Cast off.

FRONT

Work as Back to ***. Keeping patt. correct, **shape armholes and divide for V neck** as follows:

1st row: Cast off 6 [7, 8], (one st. on needle after cast-off), work across 49 [51, 53] sts., turn and proceed on this group of sts as follows: **2nd row:** Work to end. **3rd row:** Work 2 tog., work to last 2 sts., work 2 tog. **4th row:** Work all across.

Continue dec. 1 st. at armhole edge on next and every alt. row until 7 [8, 9] dec. in all have been worked at armhole edge, **at the same time** dec. 1 st. at front edge on 2nd row following and every following 3rd row until 31 [32, 33] sts. remain, every alt. [3rd, 4th] row until 28 [29, 30] sts. remain.

Continue on these sts. until work measures same as back to shoulder shaping, finishing at armhole edge.

Shape shoulder by casting off 9 [10, 10] sts. at beg. of next and following alt. row. Work 1 row. Cast off. Rejoin wool to

remaining group of sts. and work to end.

Next row: Cast off 6 [7, 8] sts., work to end. **Next row:** Work 2 tog., work to last 2 sts., work 2 tog. **Next row:** Work all across. Complete to match first half reversing all shapings.

SLEEVES

Using No. 8 needles, cast on 41 sts. Work ribbing as on back for 3 ins., finishing at end of a 1st row (adjust length here).

Next row: Rib 3, (inc. in next st., rib 2) 11 times, inc. in next st., rib to end (53 sts.).

Change to No. 5 needles and proceed in patt. as on back of 40 inch size working extra sts. into patt. inc. 1 st. at both ends of 5th [5th, 3rd] and every following 4th [4th, 3rd] row until there are 87 [85, 83] sts., every 3rd [alt, 3rd] row until there are 93 [99, 105] sts.

Continue on these sts until work measures 18 ins. from beg.

Keeping patt. correct **shape top** by casting off 6 [7, 8] sts. at beg. of next 2 rows, then dec. 1 st. at both ends of next and every alt. row until 67 [69, 71] sts. remain. Cast off 5 sts. at beg. of next 10 rows. Cast off.

NECKBAND

Using a fine back-stitch seam, join shoulders of back and front. Using set of No. 8 needles with right side of work facing, **knit up** 136 [142, 148] sts. round neck, including 1 st. from centre V by picking up loop at centre V and knitting into back of it.

Work 7 [8, 9] rounds in k.b.1, p.1 rib, dec. 1 st. at each side of st. knitted up at centre V on every round. Cast off in rib.

TO MAKE UP

Omitting ribbing, block and press on wrong side using a cool iron and dry cloth. Using a flat seam for ribbing and a fine back-stitch seam for remainder, join side and sleeve seams and stitch sleeves into position. Press seams.

HOME MAGAZINE KNITTING PATTERN No. 98



WHAT makes a celebrity? Beauty, a name, a Roman nose, a scandal, or just luck?

To find out the answer I suggest you read *The Celebrity Circus* (W. H. Allen, 21s.) by the fabulous (in more ways than one) Elsa Maxwell, written shortly before her death last November, aged 80.

And who should know more about celebrities than Miss Maxwell? Without money, looks or connections, she climbed from the piano pit of a California silent cinema to the top of the American society ladder. She never married and claimed she had never been in love.

"If you're reading this book because you want to become a celebrity," Elsa Maxwell writes, "or because you want to share the rarefied air they breathe, I wish you well. I must also inform you that your chances of doing either are probably about a hundred thousand to one."

"The talent for celebrity is God-given. Like a high IQ or a Roman nose, you're simply born with it. One thing you don't need is looks. I have been compared, in and out of print, to creation's most loathsome forms of life; I've always been laughed at, but I've never been ignored."

In *The Celebrity Circus* you can hobnob with Noel Coward, Gloria Swanson, Lily Pons, the Duke and Duchess of Windsor. You can learn what places are "in" and what places are definitely "out," how to take 150 of one's most intimate friends on a luxury cruise on a shoestring, and what *not* to do when meeting a king.

The reader follows Miss Maxwell in

Elsa was born to be famous



the giddy whirl of her day-to-day life—and she is apt to be found almost *anywhere*: in a bullring in Spain, on a bobsled in Switzerland, in a helicopter above the Aegean, in villas and ballrooms, night clubs, and palaces at home and abroad.

Many of us have been thrilled at the exciting and dramatic newspaper stories from foreign correspondent Ralph Izzard. We may even have been envious at the non-stop merry-go-round of his life as he dropped in at one international trouble spot after another.

But what of his own life and the complications his travels must have brought? His wife, Molly Izzard, lets us into those secrets in her book *A Private Life* (Faber, 21s.). Her book tells of her first seven years as the wife of the foreign correspondent, and how she made a life of happiness and significance for herself and her four children.

Her narrative covers the India of partition and after; a period in Washington D.C.; Egypt, and the events leading up to the July revolution; and Cyprus on the eve of the outbreak of EOKA.

On to another story with excitement of a different kind. Its emblem was a

Flying Sword but people knew it as "The Millionaires' Squadron." Its first commanding officer was a romantic aristocrat to whom the aeroplane was a development of the horse, but its second one couldn't fly. A rival squadron bombed it with rubbish and dead animals.

One of its officers bought a filling station to avoid petrol rationing. It was equipped with a plane that could not be mastered. I am referring to No. 601 (County of London) Auxiliary Squadron, first of the weekend air force squadrons.

Tom Moulson, a pilot in 601 from 1950 until its end in 1957, has captured the fun and the violence in *The Flying Sword* (Macdonald, 30s.), a book full of excitement and entertainment.

You don't need to know anything about ornithology to enjoy and be fascinated by *The Strange World of Birds* (Ilfie, 25s.). John Wakefield has written, and beautifully illustrated, a book that contains a wealth of amusing and out-of-the-way information which will appeal to all.

Time to Finish the Game (Phoenix, 30s.) by A. M. Hadfield, is, as one might expect from the title, about Drake and the Spanish Armada.

In the shaping of the English nation the defeat of the Armada is a climacteric. It occupied a mere fortnight in 1588, yet its effects have reverberated down the centuries; and Drake's cool deliberation in the face of a formidable peril sounded an echoing call to our courage and resolve which has never relapsed into silence.

J. B. Phillips, famous as an interpreter of the New Testament, has turned to the Hebrew of the Old Testament for his latest translation, *Four Prophets* (Bles, 15s.).

Gardening for Pleasure (E. M. Art and Publishing Ltd., 25s.) edited by John Bloom, is a gardening book—but with a difference. For the keen and practical man who gets pleasure from his garden, it gives advice on methods used by home gardeners widely known for their successes.

FRANK MAWSON

1812—a 'top pop' in classics

A SURE qualifier for the classical "Top Ten" is, surely, Tchaikovsky's 1812 overture.

One of the most popular classics, it has been recorded many times, but, if you do not already have a version in your collection, listen to George Weldon's high-powered recording, his last before his death, with magnificent playing from the Philharmonia Orchestra and the Band of the Royal Marines.

Included in this LP (Columbia 33X1570) is Dvorak's *Carnaval* overture, the scherzo from Mendelssohn's *A Midsummer Night's Dream* incidental music, the prelude to act 1 of Verdi's *La Traviata*, the polka from Smetana's *The Bartered Bride*, and the waltz from Tchaikovsky's *Serenade in C Major*, Op. 48.

On HMV COLH 56 and COLH 57 come two LPs in EMI's "Great Recordings of the Century" series, parts six and seven of Artur Schnabel's famous pre-war recordings of the complete Beethoven Piano Sonatas. These albums comprise five of the composer's "middle period."

The New Big Sound of Laurie Johnson is featured on Pye NPL 18088. Here, with his orchestra, he presents another taste of his exciting ideas and style.

Many record collectors will remember with pleasure the recordings of Cyril Smith in the forties and early fifties, and two of these make up a new Columbia album (33SX 1579). They are Rachmaninov's *Rhapsody on a Theme of Paganini* and *Variations on a Nursery Song* by Dohnanyi. In both works he is accompanied by the Philharmonia Orchestra conducted by Sir Malcolm Sargent.



THE WRONG WAY TO EXERCISE A RABBIT

RABBITS need exercise, but make sure you section off their run with wire netting. Otherwise you'll be running.

They are one of the most popular pets. This is not surprising, because they are cheap to buy, easy to feed, clean and lovable. The Dutch rabbit, normally black and white, is ideal for beginners.

Rabbits are best kept singly, in a hutch sectioned into a run and a sleeping quarter. It should be large, and kept in a dry, shady position. Provide straw for a bed, and cover the run with a good layer of sawdust. The front should be of fine wire netting.

FEEDING TIPS

Feed morning and evening. Hay, oats, cereals, bread and pelleted food provide starch. Carrots, lettuce, cabbage, clover and dandelions are good green food. Provide clean water every day in a non-tippable container.

Clean out the hutch once a week. Sponge with weak antiseptic and allow to dry. Renew straw and sawdust.

Remember, never lift your pet by its ears.

Pet rabbits are usually disease resistant, if kept clean. Consult a vet if he

A PRETTY DECORATION

Girls can use pipe cleaners to mould into all kinds of fascinating shapes. Twirl them into little baskets, which can then be filled with tiny flowers, buttercups and daisies. Oh, what a pretty decoration!

seems off colour. You can have your rabbit vaccinated against myxomatosis.

Given good conditions, expect a tame rabbit to live for four or five years.

FEBRUARY PRIZEWINNERS

Michael Brinkman, Orchard Close, Ruistip, Middlesex; Sonia Taylor, London Street, Faringdon, Berks.

Robert Chapman, Cromer Lighthouse, Cromer, Norfolk; Mary A. Dear, Winding Way, Salisbury, Wilts.

GARDENING NOTES

By W. E. Shewell-Cooper

SO many readers ask for advice on how to start on the garden when they buy a new house. To make a start, you can write to CWS Horticultural Department, Derby, for seeds or manures, plants or tools, and get a dividend on your purchases, or ask at your local Co-operative store.

If the builder has left behind heaps of broken bricks and stones, you will be able to use them as the base of your paths. If the land has two levels, have a lower garden and an upper one. You can aim at having a vista which makes a garden look twice as long as it really is.

Don't think that because you have a flower border four feet wide down one side you must have a flower border a similar width down the other.

When you do plan your garden make certain you remember the manholes which have got to be disguised, and the problems perhaps of open drains which may lie round about the house. That is where a pencil and a sheet of squared paper can help you. Though you may not be a great artist, you can certainly draw to a rough plan.

If you want a pool, choose the position preferably well away from the house so that your children won't fall in it. If you are keen on soft fruits, grow them against

Time to fly a kite

KITE flying is one of the oldest Chinese pastimes. But as well as the common diamond forms, they fly circular kites.

Make a light frame and cover it with thin paper.

Buy four balsa wood sticks for the framework. Shape it like a Catherine wheel, about two feet in diameter—joining the sticks in the centre so that they jut out like bicycle spokes. You can make a good joint using only twine and glue. Wind the twine in and out of the spokes until they are firmly bound together and feel steady. Then paint the joint with glue as a safeguard.

Glue the paper over the sticks after cutting it into a circular shape, leaving enough for a hem which can then be folded over and glued to the wood, and glued all round the circumference.

Stretch the paper as tightly as possible when doing the gluing. Then use coats of varnish, or aircraft dope, to stretch it even tighter.

Add a tail to your kite by twisting up pieces of newspaper and attaching them at regular intervals along a piece of twine.

fences and walls to use these as supports. If you want a "no-work" garden, concentrate on heathers, roses, and flowering shrubs. These can all be grown by the sedge-peat mulch system, which means there will be no forking or hoeing to do.

If you have an acid soil, grow rhododendrons and azaleas. If you have very limy land, it will be better to concentrate on flag irises, which are very little trouble, and plants like pinks and carnations. Don't have a rock garden unless you want a lot of work. Do have a small vegetable garden, and a herb garden near to the kitchen. Give the rose garden a site with plenty of sunshine, yet protected from the wind.

Don't be tempted to buy the cheap diamond-shaped wooden trellis for screening off ugly views. It never lasts. Get hold of some square trellised wooden screening, or make some for yourself with square strips of wood, half inch by half inch. The squares can be five inches across and if they are firmly nailed together and painted with a wood preservative, they last a long time. Up these trellises can be trained quick-growing plants like the Russian vine, which produces a screen within a year, or one of the stronger climbing roses can be used instead.

good cooking
the modern way



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OIL

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Good cooks today use cooking oil... and the oil which always gives the best results is C.W.S. Pure Cooking Oil. With this finest maize oil for frying, roasting, and baking you're sure of delicious, appetizing meals!



FROM CO-OPERATIVE STORES



FLAP 'A'

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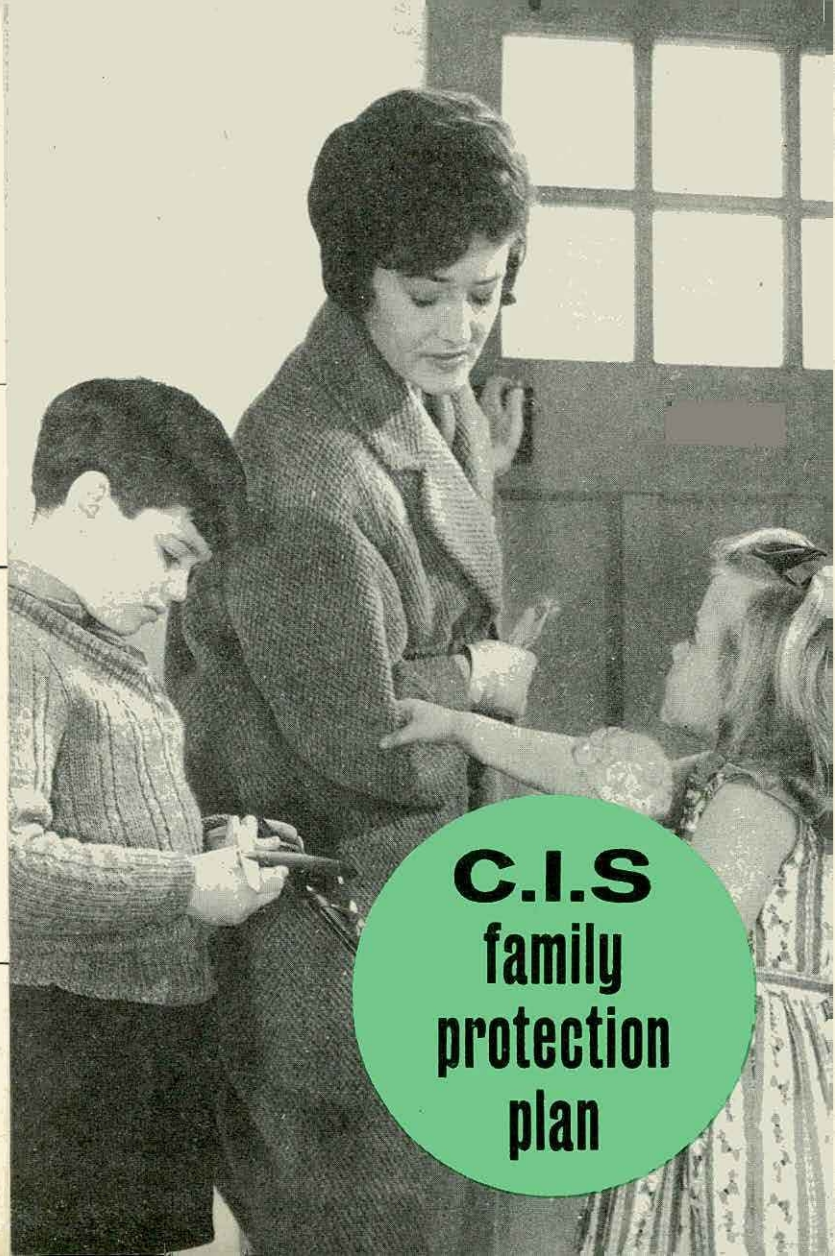
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C.I.S
family
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plan

C.I.S. family protection plan

EVEN IF THE FAMILY breadwinner earns only a modest salary it is possible for him to make substantial provision for his dependants if he should die. Whilst the old idea of providing a lump sum at death by means of an insurance policy saved much hardship it was rarely that a married man could afford to make provision for an adequate lump sum. The real problem was to replace his income should he die, sufficient to supplement his widow's state pension or widowed mother's allowance.

A lump sum provided by an insurance policy is not likely to go far when there are many years of rents and rates to pay, household repairs, school expenses, feeding and clothing growing children, and generally trying to maintain the standards to which the family are accustomed.

The Co-operative Insurance Society has the answer to this problem, known as the C.I.S. Family Protection Plan. This provides a *guaranteed income* if the breadwinner should die before retirement age, together with substantial lump sum benefits. And if the unexpected and untimely does not happen, there is a large lump sum for him at retirement age, usually much larger than his total outlay under the Plan. The income benefits, according to the present practice of the Inland Revenue, are not subject to income tax, and they would not affect the widow's benefits under the National Insurance Scheme.

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Half-yearly Meeting

ANOTHER BONUS FOR EMPLOYEES

AT the half-yearly meeting held in the Assembly Hall on Wednesday, March 11, the chair was taken by Mr L. Harper. Also present were all members of the committee and 45 members. The minutes of the last half-yearly meeting were read and confirmed as a correct record, in a proposition moved by Mr G. Cotterill and seconded by Mr G. Lane.

Arising from the minutes, the secretary stated that the committee had given very careful consideration to Mr Sutton's suggestion that the rules be amended, so as to permit more freedom in nomination of candidates and allow canvassing in elections, but had decided not to recommend such an alteration. Mr Sutton stated that he was not satisfied and would still seek to obtain an alteration to the rules.

The committee's report was moved by the chairman, Mr L. Harper, who said in his remarks that he and his colleagues on the management committee, considered that the results of the half-year were very good indeed.

There were, however, some weak spots, and the committee recognised them and were not complacent.

The future was full of possibility and the report was intended to be buoyant and optimistic. The method of sharing the surplus of the society might have to be modified if the desired response was not forthcoming from the traditional method of distribution. This was the only way to meet competition. He thanked the employees for their efforts and announced the payment of a bonus in wages, similar to that paid in the previous half-year.

During the last half-year, Mr W. Thompson of the confectionery department had died while during the current half-year Mr W. Walton, retired traffic manager, had also died. Members stood in silence as a token of respect.

The chairman concluded his remarks by thanking his colleagues on the committee, together with the officials, departmental managers and staff for their splendid co-operation during his two years in office, during

which remarkable progress had been made.

He then formally moved the report and this was seconded by Mr R. J. Longden who drew the attention of members to the fact that average purchases per member were still only £1 19s. 4d. per week, which was far too low. The report was carried unanimously.

Mr C. Hames moved and Mr T. Lunn seconded that the balance sheet be taken as read. The accounts were examined page by page and questions invited. In reply to a question from Mr Lunn, the secretary stated that the education committee would now receive one per cent of the net surplus revealed in the surplus appropriation account. On behalf of the education committee, Mr M. Sutton presented the education accounts.

On a proposition moved by Mr M. Sutton, seconded by Mr F. C. Bennett, the balance sheet, education accounts and auditor's report were unanimously adopted.

The report and statement of accounts of the Tamworth Co-operative Party were presented and were unanimously adopted on a proposition moved by Mr G. Cotterill and seconded by Mr F. Wood.

The following committee recommendations were moved by Mr E. Collins: (a) that £4 4s. be paid to the Stafford District Council of the Co-operative Union Limited, and, (b) that £25 be donated to the Tamworth Society Co-operative Party. This was seconded by Mr G. Stock.

Mr M. Sutton submitted in writing the amendment to recommendation (b) that £25 be deleted and £50 substituted. This was seconded by Mr T. Lunn. Mr Sutton stated that as this was election year, the party

would need additional funds if it was to be able to play its proper part.

The chairman stated that the party had not requested additional funds and the meeting should accept the committee recommendation. Upon a card vote being held, the amendment was lost, 16 for and 32 against. Both original recommendations were accepted.

LIFE ASSURANCE GOES

The chairman moved the committee recommendation (c) "That the collective life assurance scheme be terminated on April 1, 1964." He pointed out that the scheme had been in existence for 50 years and had been started at a time when the cost of a funeral could deal a crippling blow to the relatives of the deceased.

At that time, trading competition was not nearly so severe as that of today. Furthermore, the benefits of the welfare state were not available. The present-day housewife did not appear to appreciate the significance of the scheme, but was appreciative of cut prices, modern trading premises and service.

The society had to respond to change and devote the amount spent on the CLA scheme to channels which would benefit the majority of members.

The secretary added to the chairman's remarks and quoted the experience of other societies. The society had to apply its surplus to the means by which it could ensure its future and place itself in a position to meet greatly increased competition in the area.

Mr F. Jackson indicated his support by seconding the proposal and said that he agreed that the scheme was of no attraction to the majority of members, while it cost the society over £6,000 a year. Both Mr M. Sutton and Mr A. E. Langtry opposed the proposal, which they considered to be a retrograde step. A card vote was held and the recom-

mendation was carried 34 for, 23 against.

The recommendation (d) that the benefits of the employees' super-annuation fund be improved as per the advice of the actuary was moved by the chairman and seconded by Mr G. Cotterill.

The secretary stated that this was a means of improving the conditions of employees, the proposal being that the contributions and benefits of the fund be increased by 20 per cent. This would cost the society approximately £1.143 each half-year. The recommendation, on being put to the vote, was carried unanimously.

Mr A. Heathcote, on behalf of the committee, moved confirmation of the following subscriptions and donations.

	£	s.	d.
Tamworth District Allotment Association	3	0	0
Mayor's Old Folks' Christmas Appeal	10	10	0
Guide Dogs for the Blind Association	2	2	0
St. John Ambulance Brigade, Wilnecote	2	2	0
St. John Ambulance Brigade, Tamworth	2	2	0
Wilnecote High School (Prize Fund)	1	1	0
Needy Members	56	7	0
Fazeley Church Lads' Brigade	1	1	0
	£78	5	0

Mr F. Wood seconded, and this was carried unanimously.

ELECTIONS

- Mr R. H. White was elected delegate to the CWS divisional meeting on a proposition moved by Mr M. Sutton, seconded by Mr F. Jackson.
- It was unanimously agreed that Messrs E. Collins, A. Heathcote, J.P., and F. R. Wood be re-elected to committee of the Co-operative Party.
- Mr G. Lane was unanimously re-elected scrutineer of the society on a proposition moved by Mr H. Baker and seconded by Mr M. Sutton.

The following nominations were received in the elections to the education committee to be held in September, 1964.

Nominee: Mr M. Sutton. Proposed by W. Busby, Seconded by G. H. Cotterill.

Nominee: Mrs P. Heathcote. Proposed by F. Wood. Seconded by H. Baker.

Nominee: Mr A. Heathcote, J.P.. Proposed by R. White, Seconded by F. Wood.

The report of the delegates to the CWS divisional meeting held on October 19, 1963, was circulated and accepted. Mr F. Day, delegate, said he was in no way satisfied with the CWS sales position.

The chairman declared the following elected to the general committee, there being no voting.

Mr E. Collins, Mr J. Hinds and Mr A. E. Smith.

The results of the election to the education committee were announced as follows: Mr G. Cotterill, 42; Mrs K. Johnson, 34; Mrs F. Keleher,

29; Mr T. Lunn, 15; Mrs Sherriff, 17.

The chairman declared Mesdames Johnson and Keleher and Mr G. Cotterill elected.

In "any other business," Mr Bodell suggested the committee should investigate the possibility of paying dividend in June and December, so as to provide members with additional income for holidays and Christmas.

He thought this would give good publicity to the society. The chairman in reply said that members could leave their dividend in the society where it would be available for withdrawal at any time from their share accounts.

In a further point Mr Bodell asked the committee to seek proper restaurant facilities in the town.

The chairman closed the meeting and thanked all members for their attendance.

Midland Pathfinder Quiz Contest 1964



THIS month there are more congratulations for our Pathfinders. This year in the Midland Quiz Contest they took all honours, by gaining first and second places with the two teams entered against all comers from the Midlands.

The group entered this contest for the first time in 1961, gained first place in that year and in 1962, lost last year, but came back this year with two teams, and at Derby on February 29 they took first and second places. "A" team was first and "B" team second.

The photograph proudly shows our girls who made up the two teams. "A" team on the right—Marlene Walton, Grace Jury, Jane Badderley, and Susan Johnson. "B" team on the left—Gillian Thompson, Linda Bates, Kathleen Lees, and Jane Carter.

The total ages of the four in a team must not exceed 52 years, and they have to answer questions on their local society, Co-operative productions, the story of the Co-operative Movement from its early beginnings, sources of Co-operative productions throughout the world, and the Highway Code.

These girls have proved themselves to be experts in all these subjects. Congratulations girls, and our best wishes for your future in this great Co-operative Movement of ours.

NEW KODAK INSTAMATIC CAMERAS 'JUST DROP IN THE FILM—IT'S LOADED'

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KODAK INSTAMATIC 100

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KODAK INSTAMATIC 300

Built-in electric eye gives you correct exposure automatically—or warns you if there is not enough light to shoot. Built-in flash, too. 41 m.m. f/8 lens gives you sharp pictures from 5 feet to infinity without adjustment. Handy wrist strap. £15/16/9. Carrying-case £1/15/10.

KODAK INSTAMATIC 400

Powerful spring motor gives automatic film-wind, advances film ready for next picture after each shot. You can take twelve exposures in 10 seconds. Plus electric eye and built-in pop-up flash. £19/3/8. Carrying-case £1/15/10.

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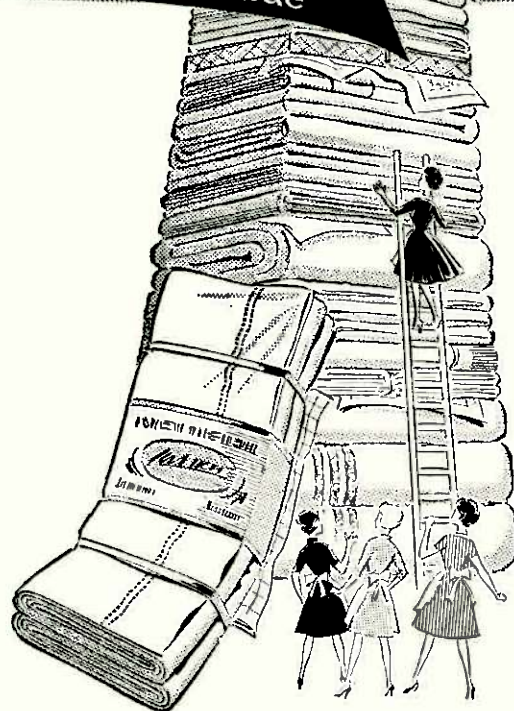
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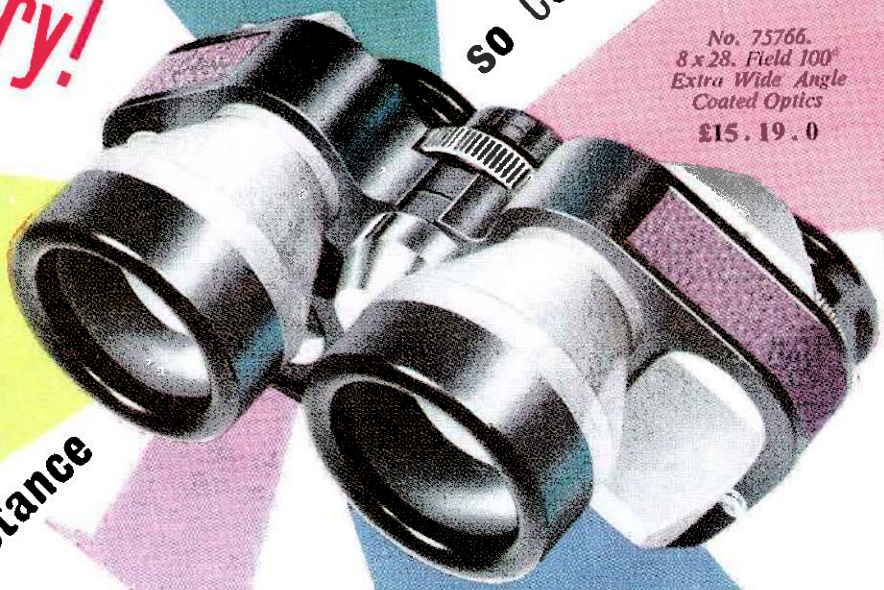
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